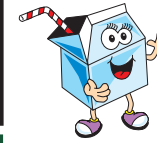


Intermediate School 2019-2020 Lunch & Breakfast Menu



LITTLE MIAMI
S C H O O L S



Prices
Breakfast \$1.70 • Reduced \$0.30
Lunch \$2.80 • Reduced \$0.40
Extra Milk \$0.55 Adult Meals \$3.80
Menu is subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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BREAKFAST	Cinnamon Sugar Donut Assorted Fruit 100% Fruit Juice Choice Milk	Pancake & Sausage on a Stick Assorted Fruit 100% Fruit Juice Choice Milk	Sausage Biscuit Assorted Fruit 100% Fruit Juice Choice Milk	Cinnamon Glazed French Toast Assorted Fruit 100% Fruit Juice Choice Milk	Churros or Funnel Cakes Assorted Fruit 100% Fruit Juice Choice Milk
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ADDITIONAL BREAKFAST OPTIONS ARE AVAILABLE DAILY.

MENU #1	 Chicken Tenders Dinner Roll Mashed Potatoes Sliced Carrots Assorted Fruit/Milk	Macaroni & Cheese Dinner Roll Broccoli Celery Sticks Assorted Fruit/Milk	Lasagna w/ Ground Beef Texas Garlic Toast Seasoned Green Beans Salad Assorted Fruit/Milk	 Grilled Cheese Sandwich Tomato Soup Baked Beans Assorted Fruit/Milk	French Toast w/ Sausage AuGratin Potatoes Salad Assorted Fruit/Milk
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MENU #2	Hot Ham & Cheese Pretzel Sandwich Seasoned Corn Carrot Slices Assorted Fruit/Milk	Spaghetti & Meat Sauce Texas Garlic Toast Broccoli Salad Assorted Fruit/Milk	Popcorn Chicken Dinner Roll Scalloped Potatoes Seasoned Green Beans Assorted Fruit/Milk	Chili Cheese Coney Dog Cauliflower Florets Salad Assorted Fruit/Milk	Cheese Quesadilla Refried Beans Shredded Lettuce Salsa, Sour Cream Assorted Fruit/Milk
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MENU #3	 Meatball Grinder Broccoli AuGratin Potatoes Assorted Fruit/Milk	Taco Mac w/ Bread Slice Salad Seasoned Green Beans Assorted Fruit/Milk	Breakfast Toaster Sandwich Hashbrown Patties Carrot Slices Assorted Fruit/Milk	 Chicken Nuggets Dinner Roll Coleslaw Broccoli Salad Assorted Fruit/Milk	Chicken OR Beef Burrito Refried Beans/Brown Rice Seasoned Corn Salsa, Shredded Lettuce, Diced Tomatoes, Sour Cream Assorted Fruit/Milk
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MENU #4	Tangerine Chicken Broccoli Stir Fry Vegetables Brown Rice Assorted Fruit/Milk Chicken Egg Roll \$1 extra	Mini Cheese Ravioli Texas Garlic Toast Seasoned Green Beans Cauliflower Florets Assorted Fruit/Milk	Beef & Cheese Taco Salad w/ Salsa, Shredded Lettuce & Sour Cream Refried Beans Assorted Fruit/Milk	 Pepperoni Calzone w/ Pizza Sauce Sweet Potato Casserole Salad Assorted Fruit/Milk	Cincinnati Chili 4-Way Carrot Slices Seasoned Corn Assorted Fruit/Milk
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ALTERNATE MEAL CHOICES:

SERVED EVERYDAY: Hamburger, Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich, Ham & Cheese Sub, Ham/Turkey & Cheese Sub, Turkey & Cheese Sub
MON & WED: Cheese or Pepperoni Pizza Slice
TUES & THUR: Cheese Filled Breadstick w/ Pizza Sauce
FRI: Soft Pretzel w/ Cheese Sauce
Baked French Fries will be offered on Tues and Thurs for \$1.00 with the purchase of a meal. Fries will not be sold separately without a lunch purchase.

- For complete nutritional and allergen information download the "My School Menus" mobile app or visit www.littlemiamischools.com >> Departments >> Food Services >> Menus.
- Cash or check payments may be sent in with your student. To keep lines moving smoothly and quickly we do not give change at the register. Surplus funds will be added to the student's lunch account for future purchases.
- Online payments can be made by credit card at www.spseipay.com/LittleMiami/login.aspx.
- Smartsnack compliant extras are available
 - Chips, Ice Cream \$0.85
 - Yogurt, Cheese Stick, Cookies, Juice Box \$0.75
 - Goldfish Crackers, Pretzel, Cheezits \$0.55
 - Fruit Snacks, Rice Krispie Treats, Bottled Water \$1.00
- Charging is allowed for meals only. Students may charge up to \$8.00. Families are responsible for negative balances. Students at the charge limit may be offered an alternate meal of a cheese sandwich, fruit, vegetable and milk.
- Please contact Rachel Tilford, Food Service Director for any life threatening allergies, special diet needs or purchase restrictions at 513-899-5130 or rtilford@lmsdoh.org.
- Free and Reduced Price Meal application is available online at <https://littlemiamilsd.sdms2.com>, paper copies are available in any school office.

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.
 This institution is an equal opportunity provider.

AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	1 2 3 4 5 6 7	1 2 3 4	1 2
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23
25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 29	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30 31